

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lana Minnaar**

Has successfully participated & completed the  
**5km Ezemvelo Trail Run Challenge 2019**  
held at Ezemvelo Nature Reserve.

**TIME 00:36:04**

**PACE 07:12/km**  
**OVERALL 11 of 53**

**GENDER 4 of 33**  
**40 - 49 1 of 6**

20 October 2019, Sun

Date



*BoutTime*

Signature

